# **NAPPY CHANGING POLICY**

## POLICY STATEMENT:

Our Service recognises the importance of providing safe, hygienic, and supportive nappy changing and toileting routines for the children in our care. This policy outlines our commitment to maintaining health, safety, and dignity during nappy changing and toileting activities. Our practices and procedures will align with recognised health, hygiene, and safety guidelines from authorities and be guided by the principles, practices, and outcomes of the approved learning frameworks and the National Quality Standard (NQS).

PRINCIPLES AND PRACTICES:

Safe and Hygienic Practices:

1. Our nappy changing and toileting practices will prioritise children's health and well-being by adhering to recommended hygiene and infection control practices.

2. Educators will maintain a safe and hygienic environment during nappy changing and toileting routines, ensuring appropriate supervision and inclusive facilities for children with additional needs.

Supporting Children's Agency:

1. During nappy changing and toileting, we will support children's agency by allowing them time, responding to their cues, and involving them as active participants in the process.

2. Educators will use respectful language and gestures while encouraging children to understand and control their own bodily functions.

Positive Interactions and Relationships:

1. Interactions with children during these routines will involve both verbal and nonverbal communication to promote their understanding of the process and build their self-help skills.

Collaboration with Families:

1. We will collaborate with families to ensure consistency between home and the service regarding nappy changing practices.

2. Developmentally appropriate practices will be considered in collaboration with families. Families that require additional support with toilet training will have resources recommended. However, those without a diagnosis are required to be toilet trained, as our service cannot facilitate the care required.

## PROCEDURES:

Health and Hygiene:

1. Educators will follow best practices for minimising the spread of infectious diseases during nappy changing and toileting routines, as outlined in "Staying Healthy: Preventing Infectious Diseases in Early Childhood Education and Care Services."

2. Clean and safe storage of cleaning products will be ensured, and appropriate access to resources for nappy changing and toileting will be provided.

Safety:

1. The environment will be designed to ensure children's safety and comfort during nappy changing, and the location of toilets will be considered to balance privacy and supervision.

Supportive Strategies:

1. Educators will take a positive and patient approach to avoid pressure and encouraging children's self-help skills.

2. Consistent language for toileting will be used, and educators will tailor procedures to accommodate individual children's needs and styles.

Collaborating with Families:

1. Families will be encouraged to provide clothes that facilitate independent toileting for their children.

2. Documentation methods via the Xplor app will be used to record children's nappy changing and toileting happenings.

REFERENCES AND RESOURCES

• Early Childhood Australia Code of Ethics

<https://www.earlychildhoodaustralia.org.au/our-publications/eca-code-ethics/>

• United Nations Convention on the Rights of the Child <https://www.ohchr.org/en/instruments-mechanisms/instruments/convention-rights-child>

• Staying Healthy: Preventing Infectious Diseases in Early Childhood Education and Care Services

[https://www.nhmrc.gov.au/about-us/publications/staying-healthy-preventing-infectious-diseases-early-childhood-education-and-care-services](%20https:/www.nhmrc.gov.au/about-us/publications/staying-healthy-preventing-infectious-diseases-early-childhood-education-and-care-services)

**Citations:**

* Education and Care Services National Law (ECSNL)
* Education and Care Services National Regulations (ECSNR)

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